

Sarah Hayes Addicks, MS, MPH
(Formerly Sarah E. Hayes)

West Virginia University
Department of Psychology
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Education

Doctoral Candidate **2016 - Present**

West Virginia University, Morgantown, WV
Clinical Psychology Doctoral Training Program (APA-Accredited)

Mentor: Daniel W. McNeil, PhD

- Pre-doctoral Internship: Louis Stokes Cleveland Veterans Affairs Medical Center-Health Psychology Track (APA-Accredited)
- Anticipated Dissertation Defense Date: December 2017
- Dissertation title: *Enhancing Breastfeeding Initiation, Exclusivity, and Duration: Effects of Prenatal Lactation-Focused Motivational Interviewing*
- Qualifying Exams Passed: March 2016
- Expected Graduation: December 2018
- Area of Concentration: Health psychology

Master of Public Health **2014-2015**

West Virginia University, Morgantown, WV
Health Policy, Management, and Leadership

Advisor: Robert Duval, PhD

Master of Science **2012-2015**

West Virginia University, Morgantown, WV
Clinical Psychology Program (APA-Accredited)

Mentor: Daniel W. McNeil, PhD

- Thesis Proposal: April 2013
- Thesis Defense: September 2015
- Master's Thesis Title: *Relation of Distress Tolerance and Dental Care-Related Fear and Anxiety*

Bachelor of Arts **2008-2012**

New York University, New York, NY

- Graduated summa cum laude
 - Concentration: Psychology & Narrative
 - Minor: Spanish
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Research Experience

Research Associate **2012-Present**

Anxiety, Psychophysiology, & Pain Research Laboratory
Department of Psychology, West Virginia University, Morgantown, WV

Mentor: Daniel McNeil, Ph.D.

- Dissertation Title: *Enhancing Breastfeeding Initiation, Exclusivity, and Duration: Effects of Prenatal Lactation-Focused Motivational Interviewing*

- Collaborate with investigators of NIDCR-funded study on oral health outcomes and pregnancy (Center for Oral Health Research in Appalachia; COHRA)
- Served as project manager for CTSI-funded multisite, multi-visit randomized control trial examining the effects of D-Cycloserine on enhancing extinction learning in patients with dental phobia
- Assisted Daniel McNeil, PhD in reviewing manuscripts for five empirical journals
- Coordinate and run weekly lab meetings, including goal-setting and team-building activities

Graduate Research Assistant/Project Coordinator

2015-2016

West Penn Burn Center, Allegheny Health Network, Pittsburgh, PA

Supervisors: Christina L. Duncan, PhD, Ariel Aballay, MD

- Managed all aspects of a randomized control trial comparing treatment modalities for partial-thickness burns and several observational studies on pediatric patients with burn injuries
- Recruited, enrolled, and communicated with participants
- Collected data: parent and child self-report measures, performed structured interviews, behavioral observations, obtained third-party behavioral observations (e.g., physician report on patient injury)
- Conducted focus groups with children and adolescents ages 7-17 on the impact of their burn injuries on participation in organizational activities (e.g., sports, clubs)
- Primarily responsible for IRB communications and compliance on all studies

Program Evaluator

2015

WELLWVU Students' Center for Health, Morgantown, WV

Supervisor: Catherine Yura, EdD

- Conducted program evaluation of WELLWVU to assess impact of recent policy changes on qualitative and quantitative student patient satisfaction, health outcomes, economic indexes
- Wrote a comprehensive report of strengths and recommendations for future policies to benefit student health at WVU

Graduate Research Assistant

2014-2015

West Virginia University Center for Excellence in Disabilities, Morgantown, WV

Supervisor: Leo Schlosnagle, PhD

- Developed and conducted research studies related to people with disabilities
- Responsible for advancing Center's research agenda through grant writing, collaboration, and consultation
- Coordinated multidisciplinary Journal Club for LEND trainees

Research Fellow

2011-2012

National Science Foundation Research Experience for Undergraduates Program, Department of Psychology, City University of New York-Baruch College, New York, NY

Supervisor: Mindy Engle-Friedman, PhD

- Developed and conducted a study on relationships between among fatigue, sociability, and extraversion
- Gained competency with Qualtrics software

Research Intern

2010-2012

NYU School of Medicine Child Study Center, New York, NY,

Supervisor: Jean-Marie Bruzzese, PhD

- Primary researcher on a study on how children and adolescents perceive peers with asthma
- Assisted with NIH-funded study assessing efficacy of a school-based treatment for inner-city high school students with undiagnosed asthma
- Recruited and consented participants through outreach in the New York City public schools

- Conducted follow-up interviews with students and parents in person and via phone in both English and Spanish
- Collected basic health measurements (height/weight, blood pressure, BMI), communicated with public high school administration and teachers

Research Associate**2012**

Mayo Clinic Departments of Psychiatry/Psychology and General Internal Medicine, Rochester, MN

Supervisors: Cynthia Townsend, PhD, ABPP; Paul Mueller, MD

- Prepared manuscripts and IRB protocols
- Co-facilitated focus groups
- Coded qualitative data for a study assessing the needs of American Indians in regard to chronic pain treatment
- Collaborated with pharmacist to investigate relationship between spouse solicitousness and opioid use, abstracted electronic medical records.
- Developed pretest and posttest survey measures for a patient education session for patients with cardiac devices on how to prepare a living will and to understand device management at end of life

Peer-Reviewed Publications

1. McNeil, D. W., Kennedy, S. G., Randall, C. L., **Addicks, S. H.**, Wright, C. D., Hursey, K. G., & Vaglianti, R. (2017, in press). The Fear of Pain Questionnaire—9: Brief Assessment of Fear of Pain. *European Journal of Pain*.
2. **Addicks, S. H.** McNeil, D. W., Randall, C. L., Goddard, A., Romito, L., Sirbu, C., Kaushal, G., Metzger, A., & Weaver, B. D. (2017). Distress tolerance as a predictor of dental care-related fear and anxiety. *JDR Clinical & Translational Research*, 2, 304-311. doi: 10.1177/2380084417691962.
3. Wiener, R. C., Sambamoorthi, U., **Hayes, S. E.**, & Chertok, I. R. A. (2016). Association of breastfeeding and the federal poverty level: National Survey of Family Growth, 2011-2013. *Epidemiology Research International*, 2016, doi:10.1155/2016/9783704
4. Krittanwong, C., Tweet, M., **Hayes, S. E.**, Bowman, M. J., Gulati, R., Squires, R. W., Hayes, S. N. (2016). Usefulness of cardiac rehabilitation after Spontaneous Coronary Artery Dissection. *American Journal of Cardiology*. 117(10), 1604-1609. doi: <http://dx.doi.org/10.1016/j.amjcard.2016.02.034>
5. Bruce, B. K., Harrison, T. E., Bee, S. M., Luedtke, C. A., Porter, C. J., Fischer, P. R., **Hayes, S. E.**, Allman, D., Weiss, K. A., Ale, C. M. (2016). Improvement in functioning and psychological distress in adolescents with Postural Orthostatic Tachycardia Syndrome following interdisciplinary treatment. ePub ahead of print. *Clinical Pediatrics*. doi:10.1177/0009922816638663
6. McNeil, D. W., **Hayes, S. E.**, Randall, C. L., Polk, D. E., Neiswanger, K., Shaffer, J. R., Weyant, R. J., Foxman, B., Crout, R. J., Chapman, S., Brown, L. J., Maurer, J. L., Marazita, M. L. (2016). Depression and a rural environment are associated with poor oral health among pregnant women in northern Appalachia in the USA. *Behavior Modification*, 40(1-2), 235-340.
7. Liang, J. I., Tweet, M. S., **Hayes, S. E.**, Gulati, R., Hayes, S. N. (2013). Prevalence and predictors of depression and anxiety among survivors of myocardial infarction due to spontaneous coronary artery dissection. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 34, 138-142. doi:10.1097/HCR.000000000000030.

8. Cwik, M. F., Green, J. M., **Hayes, S. E.**, O'Keefe, V. M. (2013) Building research relationships with American Indian tribal communities: Experiences and lessons learned. *The Behavior Therapist* 36, 113-117.
9. **Hayes, S.E.** Huang, K.Y., Evans, D., & Bruzzese, J.M. (2012). Minors' attitudes towards peers with asthma: A developmental study. *Journal of Asthma*, doi: 10.3109/02770903.2012.743153.
*This paper was featured on MedLinx (Jan. 2013)
10. Cunningham, J. L., **Hayes, S. E.**, Townsend, C. O., & Hooten, W. M. (2012). Associations between spousal or significant other solicitous responses and opioid dose in patients with chronic pain. *Pain Medicine* 13, 1034-1039. doi: 10.1111/j.1526-4637.2012.01434.x

Book Chapters

1. McNeil, D. W., & **Hayes, S. E.** (2015). Psychotherapy analog studies. In R. L. Cautin & S. O. Lilienfeld (Eds.), *The Encyclopedia of clinical psychology*. New York: John Wiley & Sons, Inc. doi: 10.1002/9781118625392.wbecp406

Conference Oral Presentations

1. Williford, D. N., Manegold, E. M., **Addicks, S. H.**, Liebsack, B.A., Ford, C. G., Brabson, L. A., Leonard, L., Castanon, L., Aballay, A., & Duncan, C. L. (2017, October). *Organized activity involvement among pediatric burn survivors: A qualitative study*. Paper accepted for presentation at the Eastern Great Lakes Burn Conference, Rochester, NY.
2. **Addicks, S. H.**, McNeil, D. W., Chertok, I. A. Z., Wiener, C. R., Randall, C. L., Neiswanger, K., Weyant, R. J., Foxman, B. Crout, R. J., & Marazita, M. L. (2017, March). Exploring the associations among oral health, fear of pain, and breastfeeding in a rural Appalachian sample. In T. Tiwari (Chair), *Oral health of minority women and mothers*. Symposium conducted at the meeting of the International Association of Dental Research, San Francisco, CA.
3. Aballay, A. M. **Addicks, S. H.**, Ford, C., Manegold, E. M., Randall, C. L., Hajduk, G., Castanon, L., & Duncan, C. L. (2016, September). *Using low-cost virtual reality technology for pain management via distraction during burn care dressing changes: A qualitative study*. Paper presented at meeting of International Society of Burn Injuries. Miami, FL.
4. **Hayes, S. E.**, McNeil, D. W., Chertok, I. A. Z., Wiener, R. C., Randall, C. L., Neiswanger, K., Weyant, R. J., Foxman, B., Crout, R. J., Marazita, M. L. (2016). Breastfeeding and smoking predict Appalachian maternal oral health [Abstract]. *Journal of Dental Research*, 95(Special Issue A): 0134.
5. McNeil, D. W., Randall, C. L., **Hayes, S. E.**, Neiswanger, K., Weyant, R. J., Foxman, B., Crout, R. J., Marazita, M. L. (2016). Perinatal distress associated with oral health in North Central Appalachia [Abstract]. *Journal of Dental Research*, 95(Special Issue A): 0824.
6. **Hayes, S. E.**, McNeil, D. W., Randall, C. L., Stuchell, R., & Weaver, B. D. (2015). Distress tolerance and dental phobia [Abstract]. *Journal of Dental Research*, 95(Special Issue A): 0216.
7. McNeil, D. W., Goddard, A. W., Weaver, B. D., **Hayes, S. E.**, Randall, C. L., Sirbu, C. Kaushal, G., Metzger, A., & Romito, L. M. (2014, March). *From bench to chairside: Enhancing exposure treatment for dental phobia using D-Cycloserine*. Paper presented at the meeting of CTSI Spring Conference. Lexington, KY.

8. **Hayes, S. E.**, Luger, E. J., Bretz, M. N., Townsend, C. O., & Hooten, W. M. (2012). Comorbid addiction and chronic pain: Successful treatment in an interdisciplinary pain rehabilitation program [Abstract]. *Pain Medicine*, 13, 315. doi: 10.1111/j.1526-4637.2012.01331.x
9. Cronin, J. B., Luedtke, C. A., **Hayes, S. E.**, Nash, V. R., King, S. M. (2011, September). *Taming the beast: Use of cognitive behavior therapy in treatment of co-existing disorders of chronic pain, depression and addiction*. Paper session presented at the meeting of International Nurses Society on Addiction 2011 Annual Educational Conference. Tucson, AZ.

Conference Poster Presentations

1. Wright, C. D., McNeil, D. W., Manegold, E. M., **Addicks, S. H.**, Neiswanger, K., Crout, R. J., Weyant, R. J., Foxman, B. & Marazita, M. L. (2017, November). *Depression trajectories of perinatal and postpartum women in Appalachia: Results of a latent class growth analysis*. Poster session presented at the Association for Behavioral and Cognitive Therapy's 51st Annual Convention, San Diego, California, USA, November 16 - 19, 2017
2. Edwards, C. B., Randall, C. L., **Addicks, S. H.**, Arias, M. C., Ward, D. M., Wright, C. D., Stuchell, R., & McNeil, D. W. (2017, March). *Initial development of an oral health values scale*. Poster session presented at the IADR/AADR/CADR 95th General Session & Exhibition, San Francisco, California, USA, March 22-25, 2017.
3. McNeil, D. W., Kennedy, S. G., Wright, C. D., Randall, C. L., **Addicks, S. H.**, & Hursey, K. G. (2016, October). *Further validation of the Fear of Pain Questionnaire – 9 for use in healthcare settings*. Poster session presented at the meeting of the Association for Behavioral and Cognitive Therapies. New York, NY.
4. Schlosnagle, L., **Hayes, S. E.**, & Bearce, J. M. (2016, April). *Biased views of obese people with disabilities: Exploring the stigma surrounding a double-minority*. Poster session presented at the meeting of the Rocky Mountain Psychological Association. Denver, CO.
5. **Hayes, S. E.**, McNeil, D. W., Chertok, I. R. A., Wiener, R. C., Neiswanger, K., Maurer, J. L., Crout, R. J., Weyant, R. J., Foxman, B., & Marazita, M. L. (2015, October). *Association of maternal gingival health and breastfeeding in a cohort of postpartum women in North Central Appalachia*. Poster session presented at the Hinman Student Research Symposium. Memphis, TN.
6. Ward, D. M., **Hayes, S. E.**, Randall, C. L., McNeil, D. W., Crout, R. J., Weyant, R. J., Marazita, M. L. (2015, November). *Pain reports of African Americans living in Appalachia: The role of perceived stress*. Poster session presented at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
7. Arias, M. C., Schade, M., **Hayes, S. E.**, McNeil, D. W. Crout, R. J. Foxman, B. Marazita, M. L., Maurer, J. L., Neiswanger, K. & Weyant, R. J. (2015, November). *Maternal depression is associated with infant sleep awakenings among women in Appalachia*. Poster session presented at the meeting of Association for Behavioral and Cognitive Therapies. Chicago, IL.
8. Krittanawong, C., Tweet, M. S., **Hayes, S. E.**, Gulati, R., Hayes, Squires, R. W., & Hayes, S. N. (2015, May). *Baseline characteristics and selected outcomes in spontaneous coronary artery dissection patients: Comparison of cardiac rehabilitation participants and non-participants*. Poster session presented at the meeting of American Heart Association: Quality of Care. Baltimore, MD.

9. McLaughlin, K., **Hayes, S. E.**, Randall, C. L., Ward, D., Arias, M., McNeil, D. W. (2014, November). *Relation of anxiety sensitivity and dental care-related fear and anxiety*. Poster session presented at the meeting of Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
10. McNeil, D. W., Goddard, A. W., Weaver, B. D., **Hayes, S. E.**, Randall, C. L., Sirbu, C., Kaushal, G., Metzger, A., & Romito, L. M. (2014, November). *Using D-Cycloserine to enhance exposure treatment of dental phobia: From bench to chairside*. Poster session presented at the meeting of Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
11. **Hayes, S. E.**, Tweet, M. S., Hayes, S. N., Gulati, R., Ehlers, S. L. (2014, April). *Quality of life and depression in women with SCAD*. Poster presented at the meeting of Academy of Women's Health.
12. Ngan, T. W., Kao, E. C., McNeil, D. W., **Hayes, S. E.**, Boone, M.L., Crout, R. J., Wu, B. (2013). Older adults with dementia: Accuracy in reporting oral health status [Abstract]. *Journal of Dental Research*, 92(Special Issue A): 3694.
13. Liang, J.L., Tweet, M.S., **Hayes, S. E.**, Gulati, R., Hayes, S. N. (2013, October). *Prevalence and predictors of depression and anxiety among survivors of myocardial infarction due to spontaneous coronary artery dissection*. Poster session presented at the meeting of Transcatheter Cardiovascular Therapeutics. San Francisco, CA.
14. **Hayes, S. E.** Randall, C. L., Robinson, S. A., McNeil, D.W. (2012, November). *Chronic pain moderates the relation between depression and culturally-related anxiety in American Indians: Gender differences*. Poster session at the meeting of Association for Behavioral and Cognitive Therapies. National Harbor, MD.
15. **Hayes, S. E.**, Huang, K.Y., Evans, D., Bruzzese, J.M. (2012, May). *Minors' attitudes towards peers with asthma: A developmental study*. Poster session presented at the meeting of Association for Psychological Science. Chicago, IL.
16. Ottenberg, A. L., Mueller, L. A., **Hayes, S. E.**, & Mueller, P. S. (2012). "It's not broke, so let's not try to fix it": A study of patients who have declined cardiovascular implantable electrical devices [Abstract]. *Heart Rhythm*, 9(5), S34. doi: 10.1016/j.hrthm.2012.03.026.
17. Bretz, M. N., Luger E. J., **Hayes, S. E.**, Townsend. C. O., & Hooten, W. M. (2012). Transplant patients in a chronic pain rehabilitation center [Abstract]. *Pain Medicine*, 13, 309. doi: 10.1111/j.1526-4637.2012.01331.x
18. **Hayes, S. E.**, Bretz, M. N., Luger E. J., Townsend C.O., & Hooten W. M. (2012). Retrospective analysis of the relationship between NEO personality inventory (NEO-PI) results and the efficacy of a 3-week pain rehabilitation center program [Abstract]. *Pain Medicine*, 13, 314. doi: 10.1111/j.1526-4637.2012.01331.x
19. Bruce, B. K., **Hayes, S. E.**, Allman, D. A., Harrison, T. E. Weiss, K. E., Porter, C. (2012, April). *The effectiveness of a multidisciplinary pain rehabilitation program in the treatment of postural orthostatic tachycardia syndrome adolescents*. Poster session presented at the meeting of Society of Behavioral Medicine. New Orleans, LA.

Invited Lectures, Presentations, and Clinical Case Conferences

1. **Addicks, S. H.**, & McNeil, D. W. (2016, September). *Motivational interviewing: An introduction*. West Virginia University Clinical Team Conference. Morgantown, WV.

2. **Hayes, S. E.** (2015, November). *How to prepare for graduate school in clinical psychology*. Utah Valley University Psychology Seminar. Presentation delivered via video conference.
3. **Hayes, S. E.** (2015, September). *The patient protection and affordable care act and clinical psychology*. West Virginia University Clinical Case Conference. Morgantown, WV.
4. **Hayes, S. E., Innes, K., Cottrell, L., & McNeil, D. W.** (2015, March). *The intersection of public health and health psychology*. Panel discussion sponsored by APA Division 38. Morgantown, WV.
5. **Hayes, S. E.** (2014, April). *Personalizing the protocol: A sneak peek into the depression study*. West Virginia University Clinical Case Conference. Morgantown, WV.
6. **Hayes, S. E.** (2012, March). *How I rocked my colloquium: A panel discussion*. Third annual Gallatin Research Conference at NYU. New York, NY.
7. **Hayes, S. E.** (2012, May). *The relation between fatigue and sociability*. CUNY Baruch College REU Conference. New York, NY.
8. **Hayes, S. E.** (2011, August). *Psychosocial and functional outcomes based on the NEO Personality Inventory in an Interdisciplinary pain rehabilitation program*. Mayo Clinic Pain Rehabilitation Center. Rochester, MN.

Clinical Experience

Advanced Practicum Counselor

2016-2017

Carruth Center for Psychological and Psychiatric Services, Morgantown, WV

Supervisor: Shane Chaplin, PhD

- Conduct bi-weekly individual therapy (CBT; 20 client caseload) for a variety of presenting concerns affecting student population, including anxiety, depression, self-injurious behavior, sexual assault, and substance abuse
- Conduct triage assessments (3 weekly) and determine appropriate course of action (e.g., crisis intervention, individual therapy, group therapy, psychiatric evaluation) for students seeking service at university counseling center
- Staff center drop-in hours (1 weekly), and provide consultation, crisis intervention, and case management, as needed
- Participate in weekly individual and group supervision meetings with a licensed clinical psychologist
- Assist with execution of National Overdose Day panel and candlelight vigil
- Co-facilitate hazing prevention workshop to Kappa Kappa Gamma sorority

Clinical Psychology Extern

2015-2016

West Penn Burn Center, Allegheny Health Network, Pittsburgh, PA

Supervisor: Christina L. Duncan, PhD

- Provided brief psychotherapy to inpatients and outpatients, with a focus on children and adolescents, targeting pain management, adjustment to disfiguring injury, depression, and anxiety (approximately 10-15 patients weekly)
- Coordinated psychosocial programming for annual summer camp for child burn survivors (see "Community Service" section)
- Served as behavioral health consultant on multidisciplinary treatment team
- Co-developed a standardized, validated, psychosocial screener used to identify patients with mental health service needs
- Administered psychological assessments to inpatients and outpatients

- Identified patients who would benefit from psychotherapy and provided appropriate community referrals
- Participated in weekly group and individual supervision meetings with a licensed clinical psychologist

Practicum Student/Supervised Psychologist

2015-2016

Fremouw-Sigley Psychological Associates, Morgantown, WV

Supervisors: Terry Laurita-Sigley, MA, William Fremouw, PhD, ABPP

- Provided weekly/bi-weekly outpatient treatment (CBT) for children, adolescents, adults, and families (approximately 10 client caseload)
- Completed insurance billing requirements and prior-authorization requests for treatment, as needed, in a private practice setting
- Conducted treatment for clients seeking treatment for a wide variety of presenting problems, including anger and disruptive behavior, anxiety disorders, depressive disorders, and trauma
- Collaborated with clients' physicians, foster care case managers, and teachers, as appropriate, to conduct robust assessments and develop individualized treatment plans
- Co-conducted preoperative bariatric surgery psychological assessments and assisted with report-writing
- Participated in bi-weekly individual supervision meetings with a licensed clinical psychologist

Clinical Psychology Extern

2015

Hopemont Hospital, Terra Alta, WV

Supervisor: Barry Edelstein, PhD

- Served on multidisciplinary treatment team as behavioral health consultant at a long-term-care, state-operated geropsychiatric nursing home (1 day/week)
- Conducted intake and annual psychological assessments with older adults with dementia, traumatic brain injury, serious mental illness (e.g., schizophrenia, bipolar disorder)
- Implemented cognitive-behavioral therapy for depression and anxiety
- Developed behavior plans for patients with challenging behaviors (e.g., medication non-adherence, physical aggression towards staff or other residents)
- Participated in weekly individual and group supervision meetings with a licensed clinical psychologist

Graduate Student Therapist

2013-2014

Behavioral Disorders and Assessment Team

Quin Curtis Center for Psychological Services, Morgantown, WV

Supervisor: Elisa Krackow, PhD

- Provided mental health services for child, adolescent, and adult clients in a university-operated community mental health clinic
- Conducted outpatient therapy (CBT) for children, adolescents, and adults with anxiety, mood, and other behavioral disorders (e.g., ADHD, anxiety disorders, depression; approximately 3-4 client therapy caseload)
- Planned and co-facilitated social skills group therapy program for 9 children age 6-12 with a variety of behavioral disorders, including ADHD, autism, and social anxiety disorder; tracked group participants' progress over time using parent and child self-report measures
- Administered, scored, interpreted, and provided feedback to clients on psychological assessment measures (e.g., PAI, MMPI-II, WAIS-IV, WPPSI-IV, WIAT-III)
- Participated in weekly group supervision meetings with a licensed clinical psychologist

Clinic Coordinator

2013-2014

Quin Curtis Center for Psychological Services, Morgantown, WV

Supervisor: William Fremouw, PhD, ABPP

- Managed all aspects of university-operated community mental health clinic, including triage phone intakes, staff scheduling, community outreach,
- Communicated with faculty supervisors, therapists, and patients
- Developed a new relationship with Monongalia County Drug Court system to create student assessment training opportunities
- Selected electronic medical record system and assisted with preliminary implementation of system
- Implemented “bug in the ear” Bluetooth sound system for use in therapy rooms so that therapists could receive immediate feedback from observing supervisor

Research Therapist

2013-2014

Brief Behavioral Activation Depression Study, Morgantown, WV

Supervisor: Daniel W. McNeil, PhD

- Served as research therapist for a study examining the effectiveness of a novel, computer-based measure of depression before and after treatment
- Administered and interpreted structured interviews (SCID-V) to determine participant eligibility for study assessing the effectiveness of a novel depression measure (6 total)
- Conducted standardized brief behavioral activation therapy for participants in the study (10 total)
- Participated in weekly group supervision meetings with a licensed clinical psychologist

Graduate Student Therapist

2012-2013

Anxiety and Mood Disorders Team

Quin Curtis Center for Psychological Services, Morgantown, WV

Supervisor: Daniel W. McNeil, PhD

- Provided mental health services for adolescent and adult clients in a university-operated community mental health clinic (3-4 client caseload)
- Conducted CBT for adults with anxiety and mood disorders, chronic pain, or other health-related concerns
- Participated in weekly individual and group supervision meetings with a licensed clinical psychologist

Specialized Clinical Training

Suicide Prevention in Clinical Settings: Risk Assessment & Reduction

August 2016

T. Anne Hawkins, PhD; Carruth Center for Psychological and Psychiatric Services, 3 hr.
Morgantown, WV

Advanced Workshop in Motivational Interviewing

May 2016

Alexander Waitt, MA, 8 hr.
Pittsburgh, PA

Integrative Behavioral Couple Therapy

November 2014

Andrew Christensen, PhD; Association of Cognitive and Behavioral Therapies, 5 hr.
Philadelphia, PA

Motivational Interviewing for Health Behavior Change Workshop

November 2012

Daniel W. McNeil, PhD; Association of Cognitive and Behavioral Therapies, 8 hr.
National Harbor, MD

Supervision Activity

Mid-Level Clinical Supervisor**2016- Present**

Quin Curtis Center for Psychological Services, Herschell Vertical Team

- Provide weekly support and supervision to 3 first and second year graduate students
- Review and revise integrated reports and clinical notes, provide feedback
- Observe sessions – both live and videotaped –and provide feedback

Undergraduate Supervisor**2015-2016**

West Penn Burn Center, Allegheny Health Network, Pittsburgh, PA

- Oversaw 3 undergraduate research assistants' recruitment and data collection in hospital setting
- Supervised undergraduate research assistants' provision of childcare during family member research participation
- Provided career mentorship to help students reach professional goals

Undergraduate Research Supervisor**2012 - Present**

Anxiety, Psychophysiology, & Pain Research Laboratory

Department of Psychology, West Virginia University, Morgantown, WV

- Supervised a total of 6 undergraduates on a variety of lab-related tasks, including: IRB preparation, study recruitment, data collection, data entry, writing literature reviews
- Supervised one student's Senior Honors Thesis, and served on this student's thesis committee
- Provided written and verbal feedback on undergraduates' graduate school applications

Teaching Experience

Instructor**2015**

Course: Clinical Interviewing

Department of Psychology, West Virginia University

Supervisor: Barry Edelstein, PhD

- Led weekly dyads (simulated therapy sessions) for 6 first-year graduate students
- Provided live feedback to students on a variety of interviewing skills (e.g., structured interviews, functional assessments, suicide risk assessments, mental status exams, family therapy)
- Attended monthly meetings with course professor
- Assisted course professor with formal evaluation of students

Graduate Teaching Assistant**2012-2013**

Course: Introduction to Psychology

Department of Psychology, West Virginia University

Supervisor: Constance Toffle, PhD

- Prepared and presented lectures 3 hours per week to 117 undergraduate students
- Graded assignments
- Conducted item analyses of exam questions
- Attended weekly group supervision meetings to improve teaching style and strategy
- Provided students with weekly office hours to clarify material, discuss grades, accommodate students with disabilities
- Supervised 2 undergraduate teaching assistants

Awards, Honors, Scholarships, and Funding

Graduate

National Psychologist Trainee Register Credentialing Scholarship

2017

Don Hake Award for Outstanding Graduate Student Career, West Virginia University

2016

WVU Foundation Distinguished Doctoral Scholarship	2016
Sigma Xi: The Scientific Research Society, Full Member	2016
Eberly College of Arts and Science Dissertaton Research Award, West Virginia University	2016
WVU Department of Psychology Dissertaton Resarch Award, West Virginia University	2016
Eberly College of Arts and Sciences Student Travel Award, West Virginia University	2015
WVU Delegate, Hinman Student Research Symposium	2015
Eberly College of Arts and Sciences Student Travel Award, West Virginia University	2012 - 2017
Biological and Behavioral Sciences Training Scholarship, West Virginia University	2014
WVU Stipend Enhancement Award	2012-2013
Psi Chi National Honor Society in Psychology Inductee	2013

Undergraduate

Phi Beta Kappa Inductee, Beta Chapter of New York	2012
Gallatin Dean's Award for Graduating Senior, New York University	2012
Gallatin Alumnae Club Key Pin Award, New York University	2012
Founder's Award, New York University	2012
Gallatin Americas Scholars, New York University	2011-2012
Dean's List, New York University	2008-2012
Mayo Clinic Merit Scholarship	2008-2012
Athletic Academic Dean's List, New York University	2008-2010

Professional Membership

American Psychological Association	2010-Present
Division 38 (Health Psychology)	2012-Present
International Association of Dental Research	2013-Present
Association for Behavioral and Cognitive Therapies	2012-2015
West Virginia Breastfeeding Alliance	2016-Present

Community Service

Merit Badge Counselor , Boy Scouts of America, Merit Badge University	2016
Counselor , West Penn Burn Center's Summer Burn Camp, Pittsburgh, PA	2014, 2016
Counselor , International Association of Firefighters Burn Camp, Washington DC	2015

Professional Service

Campus Representative , West Virginia University	2016 – Present
American Psychological Association of Graduate Students	
<ul style="list-style-type: none"> • Encourage and support WVU student membership in APA and APAGS • Communicate advocacy and research opportunities to student colleagues 	
Student Representative , West Virginia University	2015-2016
WVU Department of Psychology Full Faculty Committee	
<ul style="list-style-type: none"> • Communicate meeting content to students • Present and advocate student issues to committee • Attend monthly meetings 	
New York University Torchbearer	2015 - Present
<ul style="list-style-type: none"> • Communicate with and recruit prospective undergraduate students • Represent NYU office of admissions 	

APA Division 38 Campus Representative, West Virginia University

2014-2015

- Communicate relevant APA Division 38 events to fellow students
- Plan and execute roundtable discussion on intersection of public health and psychology for department

Student Representative, West Virginia University

2013-2014

WVU Department of Psychology Clinical Training Committee

- Student-faculty liaison for bi-weekly committee meetings
- Coordinate and implement Interview Weekend events for faculty and current and prospective students