

Cecelia I. Nelson

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West Virginia University, Morgantown, WV 26506
(Formerly Cecelia Lentz)

EDUCATION

Doctor of Philosophy, Psychology (Clinical)

August 2018 – Present

West Virginia University, Morgantown WV

Advisor: Daniel W. McNeil, Ph.D.

Bachelor of Arts, Psychology (Honors) and Spanish

Graduation: May 12, 2018

Bradley University, Peoria IL

Psychology Honor's Thesis: *Worrying about Someone Else Instead: The Effects of Helping on Anxiety* (Advisor: Anthony D. Hermann, Ph.D.)

FELLOWSHIPS

Predoctoral Fellow

Research Training Program in the Behavioral and Biomedical Sciences

Robert C. Byrd Health Sciences Center, West Virginia University

Ruth L. Kirschstein National Research Service Award, Institutional Training Grant

(T32 GM132494-1) National Institute of General Medical Sciences, NIH

PUBLICATIONS

Wright, C. D., **Nelson, C. I.**, Brumbaugh, J. T., & McNeil, D. W. (Under review). Distress Tolerance as a potential target in the relation between anxiety and gut visceral sensitivity.

Nauser, J. W., **Nelson, C. I.**, Gross, R. T., & Vargovich, A. M. (Under review). Pain experiences and their relation to opioid misuse risk, and emotion dysregulation.

PUBLISHED ABSTRACTS

Nelson, C. I., Durkin, K., Williford, D. N., Alexander, L., Kao, E., Neiswanger, K., Weyant, R. J., Foxman, B., Crout, R. J., Marazita, M. L., & McNeil, D. W. (2019). Effects of culture and pregnancy on fear of pain in Appalachian women. *Journal of Dental Research* [Abstract]

*Poster presentation

Nelson, C., Mittynty, M., Wright, C., Arias, M., McNeil, D., Kao, E., Neiswanger, K., Weyant, R., Foxman, B., Crout, R., & Marazita, M. (2019). Fear of pain during pregnancy. *Journal of Pain, 20*, 310 [Abstract]

**Poster presentation*

ORAL PRESENTATIONS

POSTER PRESENTATIONS

Nelson, C. I., Kao, E., Neiswanger, K., Alexander, L., Weyant, R. J., Foxman, B., Crout, R. J., Marazita, M. L., & McNeil, D. W. (2019, May). Pregnancy effects on pain-related and dental fears in Appalachian women. Accepted for poster presentation at the annual meeting of the Association for Psychological Science, Washington DC.

**This project earned the Building Bridges Award from NIH/NIDCR*

Nelson, C. I., Wright, C. D., Arias, M. C., McNeil, D. W., Kao, E., Neiswanger, K., Weyant, R. J., Foxman, B., Crout, R. J., & Marazita, M. L. (2018, November). Effects of maternal depression and oral health on child oral health. Poster presentation for the behavioral medicine and integrated primary care special interest group at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington DC.

Lentz, C. I., Hermann, A. D., & Bacon, A. K. (2018, April). Worrying about someone else instead: The effects of helping on anxiety. Poster presentation at the annual meeting of the Midwestern Psychological Association, Chicago IL.

Beratio, G., Lee, K., **Lentz, C.**, Metcalf, K., & Hermann, A. D. (2018, March). What's your problem? Trait narcissism and responding to one's own wrongdoing. Poster presentation at the annual meeting of the Society of Personality and Social Psychology, Atlanta GA.

Lentz, C. I., Hermann, A. D., & Bacon, A. K. (2017, September). Worrying about someone else instead: The effects of helping on anxiety. Poster presentation at the Bradley University Summer Research Colloquium.

Lentz, C., Shaw, L., Brewer, D., & Hermann, A. D. (2017, April). Narcissism and reactions to relationship transgressions. Poster presentation at the Psi Chi session during the annual meeting of the Midwestern Psychological Association, Chicago IL.

Lentz, C., Montgomery, D.E. (2017, April). What should we hope for? An investigation into the factors that influence usage of hope. Poster presentation at the annual meeting of the Midwestern Psychological Association in Chicago, IL.

**This project earned a Regional Research Award.*

Lundholm, E., Garrison, D., Ibarra, V., Cain, L., Doherty, M., Kirshenbaum, J., ...**Lentz, C.**, ...Hermann, A. D. (2015, May). Slamming the door-in-the-face of narcissists: Individual

differences and the efficacy of a common compliance technique. Poster presentation at the Psi Chi session during the annual meeting of the Midwestern Psychological Association, Chicago IL.

Kamp, T., **Lentz, C.**, Baker, T., Coleman, D., Bacon, A.K. (2017, April). The effect of social dynamics and gender at undergraduate parties on alcohol consumption. Poster Presentation at the annual meeting of the Midwestern Psychological Association in Chicago, IL and Bradley University Annual Scholarship Expo.

Metcalf, K., Bailey, N., **Lentz, C.**, Bauer, M., Beratio, G., Hutton, R., Lee, K., Snowman, J., Hermann, A.D. (2017, April). Relationship transgressions and trait narcissism: Responding to one's own wrongdoing. Poster Presentation at the annual meeting of the Midwestern Psychological Association in Chicago, IL.

Lentz, C., Lundholm, E., Neff, A., Siemsen, C., Alicea, A.,... Hermann, A.D. (2016, May). Slamming the door-in-the-face of narcissists: Individual differences and the efficacy of a common compliance technique. Poster presentation at the annual meeting of the Midwestern Psychological Association in Chicago, IL.

RESEARCH EXPERIENCE

(s)Pediatric Lab for Adherence and Transition (sPLAT)

September 2019 - Present

Faculty Supervisor: Christina Duncan, Ph.D., Department of Psychology, West Virginia University

Anxiety, Psychophysiology, and Pain (APP) Lab

June 2018 – Present

Faculty Supervisor: Daniel W. McNeil, Ph.D., Department of Psychology; Department of Dental Practice & Rural Health, West Virginia University

Social, Emotion, and Alcohol (SEA) Lab

August 2016 – January 2018

Faculty Supervisor: Amy K. Bacon, Ph.D., Department of Psychology, Bradley University

Developmental Research Lab

Summer 2016

Faculty supervisor: Derek E. Montgomery, Ph.D., Department of Psychology, Bradley University

Self and Social Behavior Lab

September 2014 – May 2018

Faculty Supervisor: Anthony D. Hermann, Ph.D., Department of Psychology, Bradley University

CLINICAL EXPERIENCE

Student Therapist

August 2018 – Present

Quinn Curtis Center, Morgantown WV

Supervisors: Daniel W. McNeil, Ph.D. (August 2018-May 2019), Martin V. Boone, Ph.D. (May 2019-August 2019), Shari T. Steinman, Ph.D. (August 2019-Present)

Mental Health Team Member

July 2019-August 2019

World Scout Jamboree, Glen Jean WV

Supervisor: Daniel W. McNeil, Ph.D., Stephanie McWilliams, Ph.D.

Clinical Observation

May 2017 – June 2017

Center for Therapeutic Services and Psychodiagnostics, McHenry IL

Supervisor: Melissa Folk-Jednoroz, Psy.D.

GUEST LECTURES, INVITED TALKS, & CASE CONFERENCES

TEACHING EXPERIENCE

Graduate Teaching Assistant, Introduction to Psychology

August 2018 – May 2019

West Virginia University Department of Psychology, Supervisor: Constance Toffle, Ph.D.

Undergraduate Teaching Assistant, Health Psychology

January 2018 – May 2018

Bradley University Department of Psychology, Instructor: Dawn C. Roberts, Ph.D.

Undergraduate Teaching Assistant, Introductory Psychology

August 2015 – January 2017

Bradley University Department of Psychology, Instructor: Demaris Montgomery, Ph.D.

Undergraduate Teaching Assistant, Psychology Research Methods

January 2016 – May 2016

Bradley University Department of Psychology, Instructor: Derek E. Montgomery, Ph.D.

INTERNSHIP EXPERIENCE

Human Resources Intern

January 2016 – October 2017

Aramark Corporation, Peoria IL

REVIEWS

Community Dentistry and Oral Epidemiology

- Ad-hoc graduate student reviewer (Fall 2019)
BMC Pregnancy and Childbirth
- Ad-hoc graduate student reviewer (Spring 2019)
Journal of Consulting and Clinical Psychology
- Ad-hoc graduate student reviewer (Spring 2019)
Journal of Psychiatric Research
- Ad-hoc graduate student reviewer (Fall 2018)
Community Dental Health
- Ad-hoc graduate student reviewer (Fall 2018)

HONORS AND AWARDS

2019 Dr. James Stevenson Award from West Virginia University Department of Psychiatry and Behavioral Medicine: \$2500
 2019 Building Bridges Award from NIH/NIDCR: \$1000
 2018 Outstanding Senior in Psychology
 2018 Phi Kappa Phi Bradley University Academic Hall of Fame
 2017-2018 College of Liberal Arts and Sciences, Dean's Advisory Board
 2017-2018 Wisconsin Pest Control Association Scholarship Recipient: \$500
 2017 Midwestern Psychological Association Regional Research Award: \$500
 2017 Sherry Endowment for Collaborative Student/Faculty Projects Recipient
 2017 Bradley University Special Emphasis Grant Co-Recipient
 2017 Bradley University Department of Psychology Summer Research Grant
 2016 Sherry Endowment for Collaborative Student/Faculty Projects Recipient
 2016 Racine Fund to Support Research in Psychology Recipient
 2014-2018 Dean's List, College of Liberal Arts and Sciences, Bradley University

PROFESSIONAL AFFILIATIONS

APA Division 38 - Health Psychology

- Video editor

Association for Behavioral and Cognitive Therapies

- Student Member
- Member of the Behavioral Medicine/Integrated Primary Care Special Interest Group

Association for Psychological Science

- Student Member

Psi Chi – Psychology Honor Society

- President Fall 2017 – Spring 2018
- Secretary / Treasurer Spring 2017
- Undergraduate Liaison Fall 2016

Alpha Epsilon Delta - Pre-Professional Healthcare Honor Society

- Scalpel Reporter Fall 2017
- Event Coordinator Spring 2017

Phi Sigma Iota – Foreign Language Honor Society

SKILLS

Spanish Language – Conversational

JASP

SPSS

Qualtrics

Basic coding/programming