

Curriculum Vitae

KALO C. SOKOTO, M.A

Department of Counseling and Learning Sciences, West Virginia University

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Education

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| 2018 - Present | Ph.D. Candidate in Counseling Psychology, West Virginia University |
| 2018 - 2020 | Graduate Certificate in Women's, and Gender Studies West Virginia University |
| 2015 - 2018 | Master of Arts in Counseling: Clinical Mental Health West Virginia University |
| 2008 - 2012 | Bachelor of Arts in Counseling Psychology Daystar University, Kenya |
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Clinical Experiences

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| Sept. 2020 – Present | Psychology Trainee in Behavioral Health, Department of Family Medicine, WVU Medicine (APA Internship site) Supervisor: Dr. Barbara Cubic Role: <i>Inpatient rounds, outpatient psychotherapy, behavioral health consultant in diabetes clinic, and facilitating agenda setting workshops for medical residents.</i> Future role (June 2021): <i>Suboxone Clinic rotation.</i> |
| July 2019 – May 2020 | Psychology Trainee in Child & Adolescent Behavioral Psychiatry, Chestnut Ridge Center, West Virginia University Medicine. (APA Internship Site) Supervisor: Dr. Jennifer Ludrosky Role: <i>Outpatient Psychiatry with children, adolescents, and family, Individual/Family therapy in the Multidisciplinary Therapy Clinic, Individual therapy in the Pediatric Gastrointestinal Specialty Clinic.</i> |
| July 11th – 19th 2019 | Psychology Trainee in Ingenerated Health Psychology 25th World Scout Jamboree Mental Health Team, WVU Medicine Supervisor: Dr. Daniel W. McNeil Role: <i>Multicultural Individual therapy with adolescents, crisis intervention with adolescents, Interdisciplinary consultation in Integrated Health Psychology and providing Psychoeducation on Mental Health.</i> |
| Aug 2017 – May 2018 | Counseling Intern at the Carruth Center for Psychological and Psychiatric Services, West Virginia University (APA Internship site). Supervisor: Dr. Shane Chaplin Role: <i>Triages, intakes, individual and group therapy with college students, Facilitate Student Assistance Program groups, crisis intervention shadowing, facilitated psychoeducation outreach prestation, facilitated Peer Advocate Training for College Students.</i> |
| Aug. 2016 – Nov. 2016 | Counseling Intern Rape and Domestic Violence Information Centre (RDVIC) Supervisor: Debra Mull, M.A Role: <i>Trauma therapy with children, adolescents, and women at the safe house, Shadowed assessment interviews of incoming survivors of violence.</i> |

- Sept. 2013 - July 2014** **Psychosocial Counselor & Team Leader,**
The Centre for Victims of Torture (CVT), Headquarters – Nairobi, Kenya
Supervisor: Carlos Aceves M.A
 Role: *Lead team of 5 psychosocial counselors, screening and assessing refugees of different nationalities, Co-facilitating Trauma group therapy, individual trauma therapy with adolescents and adults, facilitate mental health & trauma workshops, planning and running community outreach activities on mental health.*
- Jan 2013 – Sept 2013** **Psychosocial Counselor**
The Centre for Victims of Torture (CVT) Headquarters - Nairobi, Kenya
 Role: *Screening and assessing adolescent and adult clients for trauma, facilitating group and individual therapy sessions, Running outreach activities on mental health and trauma.*
- March 2012 – June 2012** **Counseling Intern**
The United Nation High Commission for Refugees
Protection Unit - Khartoum, Sudan
 Role: *Conducting screening and initial interviews with refugees and asylum-seekers, collecting data, and presenting reports on refugee population.*

Research & Teaching Experiences

- May 2020 – Present** **Research Assistant Supervised by Daniel W. McNeil, Ph.D.**
 Anxiety, Psychophysiology, and Pain (APP) Laboratory
 Department of Psychology, West Virginia University, Morgantown, WV
- October 2020 – Present** **Project Lead: Racial Justice Project Grant**
Principle Investigator – Dr. Daniel W. McNeil
 Topic: COVID-19 Vaccine Uptake among African Americans in West Virginia
 Role: *Recruited participants for research project on dental health disparities among pregnant women in Appalachia, presenting ongoing research projects at conferences and community forums, leverage qualitative and quantitative methodologies including creating surveys, facilitating focus groups, and data analysis on SPSS and coding.*
- October 2020 - Present** **Undergraduate Research Mentor**
 Role: *Mentor Minority Psychology Undergraduates in Research*
- January 2018** **Qualitative Research project supervised by Dr. Kasi Jackson**
 Role: *Recruited students, issued case study survey, and coded qualitative data.*
- Sep. 2015 – May. 2020** **Graduate Teaching Assistant**
Center for Women’s and Gender Studies, West Virginia University
Supervised by Dr. Kasi Jackson
 Subject Title: Introductions to Women’s and Gender Studies
 Role: *Taught feminist theories and carried out qualitative research on visionary feminist teaching.*

Conference Presentation

Brown, L., Ruggles, K., Tallman, T., Marquart, N., Pugh, A., Scala, C., Arias, C.M., Nelson, I. C., **Sokoto, C.K.**, Kao, E., Alexander, L., & McNeil, W. D. (2020). *Conducting Oral Health Field Research in Appalachia: Promises and Pitfalls*. Poster presented at the virtual Behavioral and Social Oral Health Sciences Summit.

Sokoto, C. K., & Wyatt, W. (2020, August). The student experience: A case of West Virginia University and Oklahoma University. In L. Platts (Chair), *Counseling Psychology Doctoral Program Closures: Implications and Proactive Initiatives*. Symposium at the virtual meeting of the American Psychological Association 128th Annual Convention.

Sokoto, C.K., Bonar, L., Jackson, K. J., M., McGee, M. (2019). *Visionary Feminism Applied: Teaching Praxis in the WGST: Introductory Classroom through Entrepreneurial Justice*. Poster presented at the National

Women's Studies Association Conference, San Francisco, CA.

Sokoto C.K., (2019). *Creative Bibliotherapy: Black Fiction for the enhancement of Self-Concept and self Esteem in Black Adolescents.* Poster presented at the Great Lakes Counselling Psychology Conference, Louisville Kentucky.

Sokoto, C. K. (May, 2018). Mau Mau women through the eyes of Wambui Otieno and Marjorie Wanyoike. In J. Uraizees (Chair), *Surviving the Odds: Storytelling About War, Migration, and Incarceration in East & West Africa.* Panel presentation at the Annual Conference of the African Literature Association to be held at the Marriot Wardman Park in Washington DC, 2018.

Bonar, L., Carter, M., McGee, M., **Sokoto, K. C.**, St. Clair, B., Jackson, K. J., (2017) *Case Studies for Freedom Making: Teaching Group Collaboration in the introductory Classroom.* Poster presented at the National Women's Studies Association Conference, Baltimore, MA.

Manuscript in Progress

Rawn, B., **Sokoto, C. K.**, & Kepner, C. (In Progress). Factors related to counseling student persistence amid the COVID-19 pandemic.

Scholarships and Awards

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| 2020 | Outstanding Graduate Teaching Assistant Center for Women's and Gender Studies - West Virginia University |
| 2019 & 2016 | Khoetoris Scholarship Center for Women's and Gender Studies - West Virginia University |
| 2018 | Outstanding Graduate Academic Award Division of Diversity - West Virginia University |
| 2017 | Graduate Student Scholarship, National Women's Studies Association National Women's Studies Association |
| 2016 | Handle with Care Conference Scholarship West Virginia Center for Children's Justice |
| 2010 | Project of the Year Award Communities without Boundaries |

Trainings & Workshops

Cognitive Behavioral Intervention for Tics – Dr. Douglas Woods, Marquette University
Safety Planning – Dr. Barbara Stanley, Columbia University
Trans and Intersectional Safe Zone Training – WVU LGBTQ Centre
The impact of Adverse Childhood Experiences on Adults and Well-Being – Dr. Vincent J. Felitti,
Psychological First Aid – Red Cross International
Narrative Therapy for Trauma – Centre for Victims of Torture (CVT)
Project Management – United Nations High Commissioner for Refugees (UNHCR)

Professional Membership

American Psychology Association
Kenyan Psychology Association
National Women's Studies Association

References

1. Lisa Platt, PhD
Assistant Professor
Director of Training
Counseling Psychology; Dept. of Counseling & Learning Sciences
College of Education and Human Services
West Virginia University
Tel: 304-293-2176
Lisa.Platt@mail.wvu.edu
2. Daniel W. McNeil, PhD
Professor of Psychology
Eberly Distinguished Professor
Clinical Professor of Dental Practice & Rural Health
Department of Psychology; Department of Dental Practice & Rural Health
Eberly College of Arts & Sciences; School of Dentistry, West Virginia University
53 Campus Drive, PO Box 6040, Morgantown, WV 26506-6040
Office Tel: (304) 293-1712
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3. Kasi Jackson, PhD
Director of the WVU ADVANCE Center
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