**Cecelia I. Nelson**

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West Virginia University, Morgantown, WV 26506

*(Formerly Cecelia Lentz)*

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**EDUCATION**

**Doctor of Philosophy, Psychology (Child Clinical)**

August 2018 – Present

West Virginia University, Morgantown WV

Advisor: Christina L. Duncan, Ph.D.

**Master of Science, Psychology (Clinical)**

Thesis Defense: December 20, 2019

West Virginia University, Morgantown WV

Master’s Thesis: *Effects of Appalachian Culture and Pregnancy Status on Pain-Related Fear* (Chair: Daniel W. McNeil, Ph.D.)

**Bachelor of Arts, Psychology (Honors) and Spanish**

Graduation: May 12, 2018

Bradley University, Peoria IL

Psychology Honors Thesis: *Worrying about Someone Else Instead: The Effects of Helping on Anxiety* (Chair: Anthony D. Hermann, Ph.D.)

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**FELLOWSHIPS & GRANTS**

**Predoctoral Fellow**

Research Training Program in the Behavioral and Biomedical Sciences

Robert C. Byrd Health Sciences Center, West Virginia University

Ruth L. Kirschstein National Research Service Award, Institutional Training Grant

(T32 GM132494-1) National Institute of General Medical Sciences, NIH

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**PEER-REVIEWED PUBLICATIONS**

Wright, C. D., **Nelson, C. I.,** Brumbaugh, J. T., & McNeil, D. W. (2020). The role of distress tolerance as a potential mechanism in the relation between anxiety sensitivity and gut-specific anxiety. *International Journal of Behavioral Medicine, 27*(6),717-725.

Nauser, J. W., **Nelson, C. I.,** Gross, R. T., & Vargovich, A. M. (2020). Pain experiences and their relation to opioid misuse risk and emotion dysregulation. *Pain Research and Management, 2020.* https://doi.org/10.1155/2020/7234625.

**Nelson, C. I.,** Wright, C. D., Brumbaugh, J. T., Neiswanger, K., Crout, R. J., Marazita, M. L., & McNeil, D. W. (Under review). Predictors of use of dental care by children in north-central Appalachia in the USA. *PLOS One.*

Quentin, L. L., **Nelson C. I.,** Wright, C. D., Arias, M. C., Mittinty, M. M., & McNeil, D. W. (Under review). Development and validation of the Brief Assessment of Distress about Pain (BADP). *European Journal of Pain.*

Gallegos, J. V., **Nelson, C. I.,** Ludrosky, J., Tomboc, P., Dower, J., & Duncan, C. L. (Under review). Caregiver preferences for and knowledge about palliative care in pediatric oncology: An educational intervention. *Clinical Practice in Pediatric Psychology.*

**Nelson, C. I.,** Noel, D., Caes, L., & Duncan, C. L. (In progress). Disease management adherence in young people living with juvenile arthritis: A systematic review.

Szabo, M. M., **Nelson, C. I.,** Lilly, C., Manegold, E. M., Riedel, B., Rouster, A., & Duncan, C. L. (In progress). Sleep patterns and associated factors in children and adolescents with Inflammatory Bowel Disease.

Manegold, E. M., **Nelson, C. I.,** Szabo, M. M., Rouster, A., Riedel, B., & Duncan, C. L. (In progress). Factors associated with health-related quality of life in pediatric Inflammatory Bowel Disease.

**PUBLISHED ABSTRACTS**

**Nelson, C. I.,** Wright, C. D., Nauser, J. W., Gross, R. T., & McNeil, D. W. (2020, May). Examining assessments of pain-related fear. *Annals of Behavioral Medicine, 54,* S627*.* [Abstract]

*\*Poster presentation*

**Nelson, C. I.,** Durkin, K., Williford, D. N., Alexander, L., Kao, E., Neiswanger, K., Weyant, R. J., Foxman, B., Crout, R. J., Marazita, M. L., & McNeil, D. W. (2019). Effects of culture and pregnancy on fear of pain in Appalachian women. *Journal of Dental Research.* [Abstract]

*\*Poster presentation*

**Nelson, C.,** Mittenty, M., Wright, C., Arias, M., McNeil, D., Kao, E., Neiswanger, K., Weyant, R., Foxman, B., Crout, R., & Marazita, M. (2019). Fear of pain during pregnancy. *Journal of Pain, 20*, 310. [Abstract]

*\*Poster presentation*

**ORAL PRESENTATIONS**

**Nelson, C. I.,** Manegold, E., Szabo, M., Rouster, A., Riedel, B., & Duncan, C. L. (2020, November). *Predictors of health-related quality of life in youth with inflammatory bowel disease.* Symposium at the annual meeting of the Association for Behavioral and Cognitive Therapies, Virtual Conference.

**Nelson, C. I.,** Nauser, J., & Gross, R. T. (2019, November). *Relation between affective and sensory experiences of pain and nicotine dependence, opioid misuse, and emotion dysregulation.* Symposium at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta GA.

**POSTER PRESENTATIONS**

**Nelson, C.I.,** Szabo, M. M., Lilly, C., Manegold, E. M., Riedel, B., Rouster, A., & Duncan, C. L. (March 2021). *Sleep patterns and associated factors in children and adolescents with Inflammatory Bowel Disease.* Accepted for poster presentation at the Society for Pediatric Psychology Annual Conference.

Brown, H., Gore, J., Hurley, I., Brumbaugh, J. T., **Nelson, C. I.,** Brawley, D. C., & McNeil, D. W. (2020, November). *Acute orofacial pain in the context of chronic pain.* Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Virtual Conference.

**Nelson, C. I.,** Guan, H., Brown, H., Alexander, L., Kao, E., Neiswanger, K., Weyant, R. J., Foxman, B., Crout, R. J., Marazita, M. L., & McNeil, D. W. (2020, October). *Dental fear and fear of pain among women in Appalachia.* Poster presentation at the Summit for Behavioral and Social Oral Health Sciences, Virtual Conference.

*\*This project earned a travel award before conference became virtual*

Brown, L. J., Ruggles, K. D., Tallman, T. J., Marquart, N. A., Pugh, A., Scala, C. J., Arias, M. C., **Nelson, C. I.,** Sokoto, K., Kao, E., Alexander, L., & McNeil, D. W. (2020, October). *Conducting oral health field research in Appalachia: Promises and pitfalls.* Poster presentation at the Summit for Behavioral and Social Oral Health Sciences, Virtual Conference.

**Nelson, C. I.,** Noel, D., Caes, L., & Duncan, C. L. (2020, September). *Disease management adherence in Juvenile Idiopathic Arthritis: A systematic review of the literature.* Accepted for poster presentation at the bi-annual meeting of the European Pediatric Psychology Conference, Stockholm, Sweden (Conference Postponed).

Noel, D., **Nelson, C.,** Caes, L., & Duncan, C. (2019, December). *Disease management adherence of pediatric patients living with juvenile idiopathic arthritis: A systematic review of the literature.* Poster presentation at the Psychology Capstone Poster Session, Morgantown WV.

Brumbaugh, J. T., **Nelson, C. I.,** Kao, E., Neiswanger, K., Weyant, R. J., Foxman, B., Crout, R. J., Alexander, L., Marazita, M. L., & McNeil, D. W. (2019, November). *Associations between orofacial pain and psychological distress in pregnant women.* Poster presentation for the behavioral medicine and integrated primary care special interest group at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington DC.

**Nelson, C. I.,** Kao, E., Neiswanger, K., Alexander, L., Weyant, R. J., Foxman, B., Crout, R. J., Marazita, M. L., & McNeil, D. W. (2019, May). *Pregnancy effects on pain-related and dental fears in Appalachian women.* Poster presentation at the annual meeting of the Association for Psychological Science, Washington DC.

*\*This project earned the Building Bridges Award from NIH/NIDCR*

**Nelson, C. I.,** Wright, C. D., Arias, M. C., McNeil, D. W., Kao, E., Neiswanger, K., Weyant, R. J., Foxman, B., Crout, R. J., & Marazita, M. L. (2018, November). *Effects of maternal depression and oral health on child oral health.* Poster presentation for the behavioral medicine and integrated primary care special interest group at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington DC.

**Lentz, C. I.,** Hermann, A. D., & Bacon, A. K.(2018, April). *Worrying about someone else instead: The effects of helping on anxiety.* Poster presentation at the annual meeting of the Midwestern Psychological Association, Chicago IL.

Beratio, G., Lee, K., **Lentz, C.,** Metcalf, K., & Hermann, A. D. (2018, March). *What’s your problem? Trait narcissism and responding to one’s own wrongdoing.* Poster presentation at the annual meeting of the Society of Personality and Social Psychology, Atlanta GA.

**Lentz, C. I.,** Hermann, A. D., & Bacon, A. K.(2017, September). *Worrying about someone else instead: The effects of helping on anxiety.* Poster presentation at the Bradley University Summer Research Colloquium, Peoria IL.

**Lentz, C.,** Shaw, L., Brewer, D., & Hermann, A. D. (2017, April). *Narcissism and reactions to relationship transgressions.* Poster presentation at the Psi Chi session during the annual meeting of the Midwestern Psychological Association, Chicago IL.

**Lentz, C.,** Montgomery, D.E. (2017, April). *What should we hope for? An investigation into the factors that influence usage of hope.* Poster presentation at the annual meeting of the Midwestern Psychological Association, Chicago IL.

\**This project earned a Regional Research Award.*

Kamp, T., **Lentz, C.,** Baker, T., Coleman, D., Bacon, A.K. (2017, April). *The effect of social dynamics and gender at undergraduate parties on alcohol consumption.* Poster Presentation at the annual meeting of the Midwestern Psychological Association in Chicago, IL and Bradley University Annual Scholarship Expo.

Metcalf, K., Bailey, N., **Lentz, C.,** Bauer, M., Beratio, G., Hutton, R., Lee, K., Snowman, J., Hermann, A.D. (2017, April). *Relationship transgressions and trait narcissism: Responding to one’s own wrongdoing.* Poster Presentation at the annual meeting of the Midwestern Psychological Association in Chicago, IL.

**Lentz, C.,** Lundholm, E., Neff, A., Siemsen, C., Alicea, A.,… Hermann, A.D. (2016, May). *Slamming the door-in-the-face of narcissists: Individual differences and the efficacy of a common compliance technique.* Poster presentation at the annual meeting of the Midwestern Psychological Association in Chicago, IL.

Lundholm, E., Garrison, D., Ibarra, V., Cain, L., Doherty, M., Kirshenbaum, J., …**Lentz, C**., …Hermann, A. D. (2015, May). *Slamming the door-in-the-face of narcissists: Individual differences and the efficacy of a common compliance technique.* Poster presentation at the Psi Chi session during the annual meeting of the Midwestern Psychological Association, Chicago IL.

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**RESEARCH EXPERIENCE**

**(s)Pediatric Lab for Adherence and Transition (sPLAT) Lab**

September 2019 - Present

Faculty Supervisor: Christina Duncan, Ph.D., Department of Psychology, West Virginia University

**Anxiety, Psychophysiology, and Pain (APP) Lab**

June 2018 – Present

Faculty Supervisor: Daniel W. McNeil, Ph.D., Department of Psychology; Department of Dental Practice & Rural Health, West Virginia University

**Social, Emotion, and Alcohol (SEA) Lab**

August 2016 – January 2018

Faculty Supervisor: Amy K. Bacon, Ph.D., Department of Psychology, Bradley University

**Developmental Psychology Research Lab**

Summer 2016

Faculty supervisor: Derek E. Montgomery, Ph.D., Department of Psychology, Bradley University

**Self and Social Behavior Lab**

September 2014 – May 2018

Faculty Supervisor: Anthony D. Hermann, Ph.D., Department of Psychology, Bradley University

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**CLINICAL EXPERIENCE**

**Graduate Student Psychology Extern**

July 2020 - Present

West Virginia University Hospitals, Morgantown WV

Pediatric Hematology & Oncology

Supervisors: Christina L. Duncan, Ph.D., Jenna Wallace, PsyD.

**Graduate Student Therapist**

August 2018 – Present

Quinn Curtis Center, Morgantown WV

Supervisors: Daniel W. McNeil, Ph.D. (August 2018-May 2019), Martin V. Boone, Ph.D. (May 2019-August 2019), Shari T. Steinman, Ph.D. (August 2019-Present)

**Mental Health Team Member**

July 2019-August 2019

World Scout Jamboree, Glen Jean WV

Supervisors: Daniel W. McNeil, Ph.D., Stephanie McWilliams, Ph.D.

**Clinical Observation**

May 2017 – June 2017

Center for Therapeutic Services and Psychodiagnostics, McHenry IL

Supervisor: Melissa Folk-Jednoroz, PsyD.

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**GUEST LECTURES, INVITED TALKS, & CASE CONFERENCES**

**Case Conference, The Importance of Psychoeducation in OCD Treatment**

March 11, 2020

West Virginia University, Morgantown WV

**Case Conference, Mental Health at the World Scout Jamboree**

December 11, 2019

West Virginia University, Morgantown WV

**Guest Lecture, Graduate School and Careers in Clinical Psychology**

November 25, 2019

Bradley University, Peoria IL

**Guest Lecture, Psychopathology and Emotion**

May 16, 2019 - May 17, 2019

University High School, Morgantown WV

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**TEACHING EXPERIENCE**

**Graduate Teaching Assistant, Child Behavior Therapy**

January 2021 - May 2021

West Virginia University Department of Psychology, Supervisor: Cheryl McNeil, Ph.D.

**Graduate Teaching Assistant, Research Methods**

January 2021 - May 2021

West Virginia University Department of Psychology, Supervisor: Christina L. Duncan, Ph.D.

**Graduate Teaching Assistant, Introduction to Psychology**

August 2018 – May 2019

West Virginia University Department of Psychology, Supervisor: Constance Toffle, Ph.D.

**Undergraduate Teaching Assistant, Health Psychology**

January 2018 – May 2018

Bradley University Department of Psychology, Instructor: Dawn C. Roberts, Ph.D.

**Undergraduate Teaching Assistant, Introductory Psychology**

August 2015 – January 2017

Bradley University Department of Psychology, Instructor: Demaris Montgomery, Ph.D.

**Undergraduate Teaching Assistant, Psychology Research Methods**

January 2016 – May 2016

Bradley University Department of Psychology, Instructor: Derek E. Montgomery, Ph.D.

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**INTERNSHIP EXPERIENCE**

**Human Resources Intern**

January 2016 – October 2017

Aramark Corporation, Peoria IL

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**REVIEWS**

Clinical Practice in Pediatric Psychology

 Ad-hoc graduate student reviewer (Fall 2020)

Journal of Asthma

 Ad-hoc graduate student reviewer (Spring 2020)

Journal of Pediatric Psychology

Ad-hoc graduate student reviewer (Fall 2019)

Community Dentistry and Oral Epidemiology

Ad-hoc graduate student reviewer (Fall 2019)

BMC Pregnancy and Childbirth

Ad-hoc graduate student reviewer (Spring 2019)

Journal of Consulting and Clinical Psychology

Ad-hoc graduate student reviewer (Spring 2019)

Journal of Psychiatric Research

Ad-hoc graduate student reviewer (Fall 2018)

Community Dental Health

Ad-hoc graduate student reviewer (Fall 2018)

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**HONORS AND AWARDS**

2019 Dr. James Stevenson Award from West Virginia University Department of Psychiatry and Behavioral Medicine: $2500

2019 Building Bridges Award from NIH/NIDCR: $1000

2018 Outstanding Senior in Psychology

2018 Phi Kappa Phi Bradley University Academic Hall of Fame

2017-2018 College of Liberal Arts and Sciences, Dean’s Advisory Board

2017-2018 Wisconsin Pest Control Association Scholarship Recipient: $500

2017 Midwestern Psychological Association Regional Research Award: $500

2017 Sherry Endowment for Collaborative Student/Faculty Projects Recipient

2017 Bradley University Special Emphasis Grant Co-Recipient

2017 Bradley University Department of Psychology Summer Research Grant

2016 Sherry Endowment for Collaborative Student/Faculty Projects Recipient

2016 Racine Fund to Support Research in Psychology Recipient

2014-2018 Dean’s List, College of Liberal Arts and Sciences, Bradley University

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**PROFESSIONAL AFFILIATIONS & SERVICE**

West Virginia University - Faculty Evaluation Committee

 Student representative Fall 2020 - Spring 2021

West Virginia University - Clinical Training Committee

Student representative Fall 2019 - Spring 2020

APA Division 54 - Pediatric Psychology

Student member

Member of the Pediatric Gastroenterology Special Interest Group

APA Division 38 - Health Psychology

Division video editor

Association for Behavioral and Cognitive Therapies

Student Member

Member of the Behavioral Medicine/Integrated Primary Care Special Interest Group

Psi Chi – Psychology Honor Society

President Fall 2017 - Spring 2018

Secretary / Treasurer Spring 2017

Undergraduate Liaison Fall 2016

Alpha Epsilon Delta - Pre-Professional Healthcare Honor Society

Scalpel Reporter Fall 2017

Event Coordinator Spring 2017

Phi Sigma Iota – Foreign Language Honor Society

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**SKILLS**

Spanish Language – Conversational

JASP

SPSS

Qualtrics

RedCAP

Basic coding/programming

Video editing